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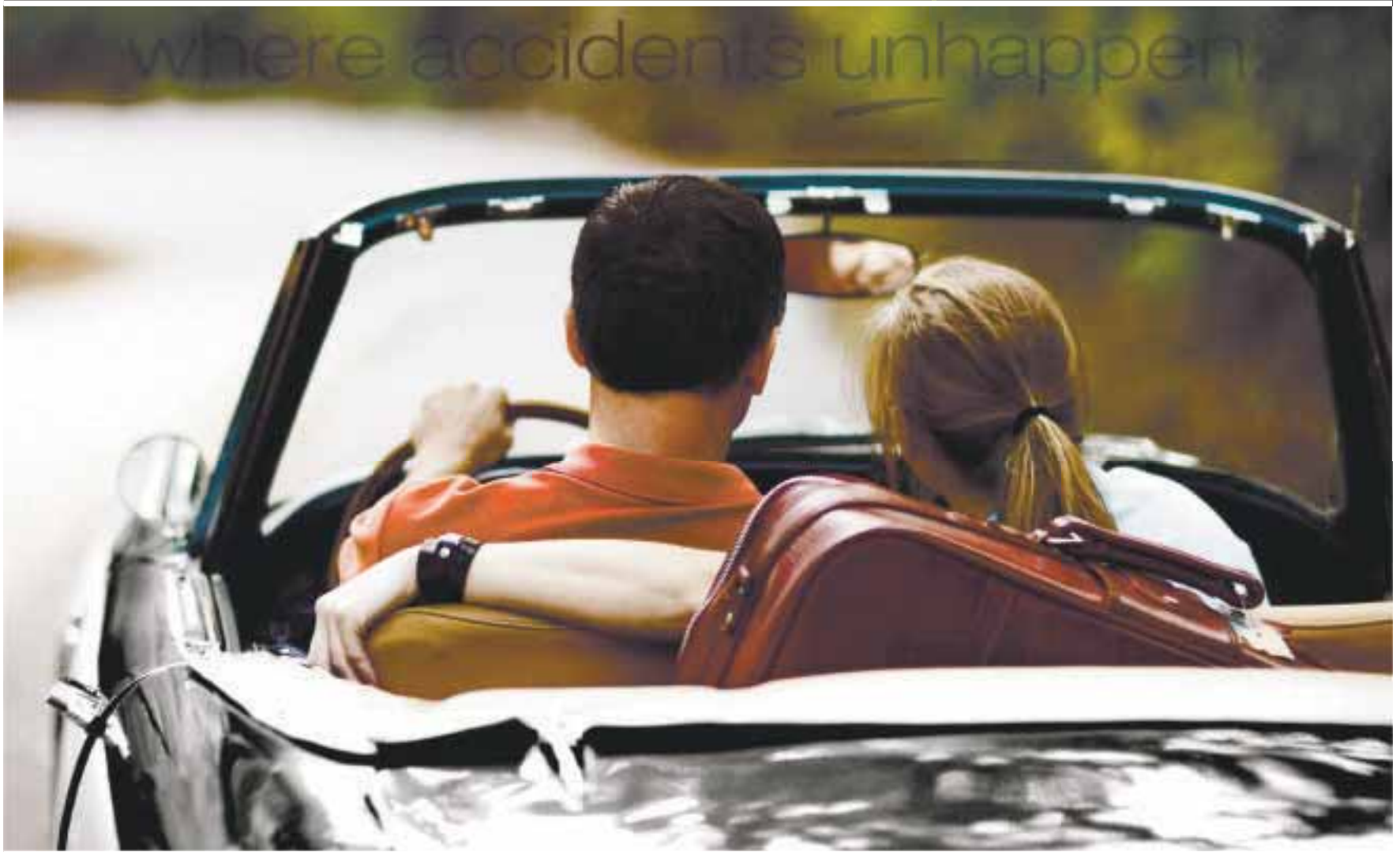
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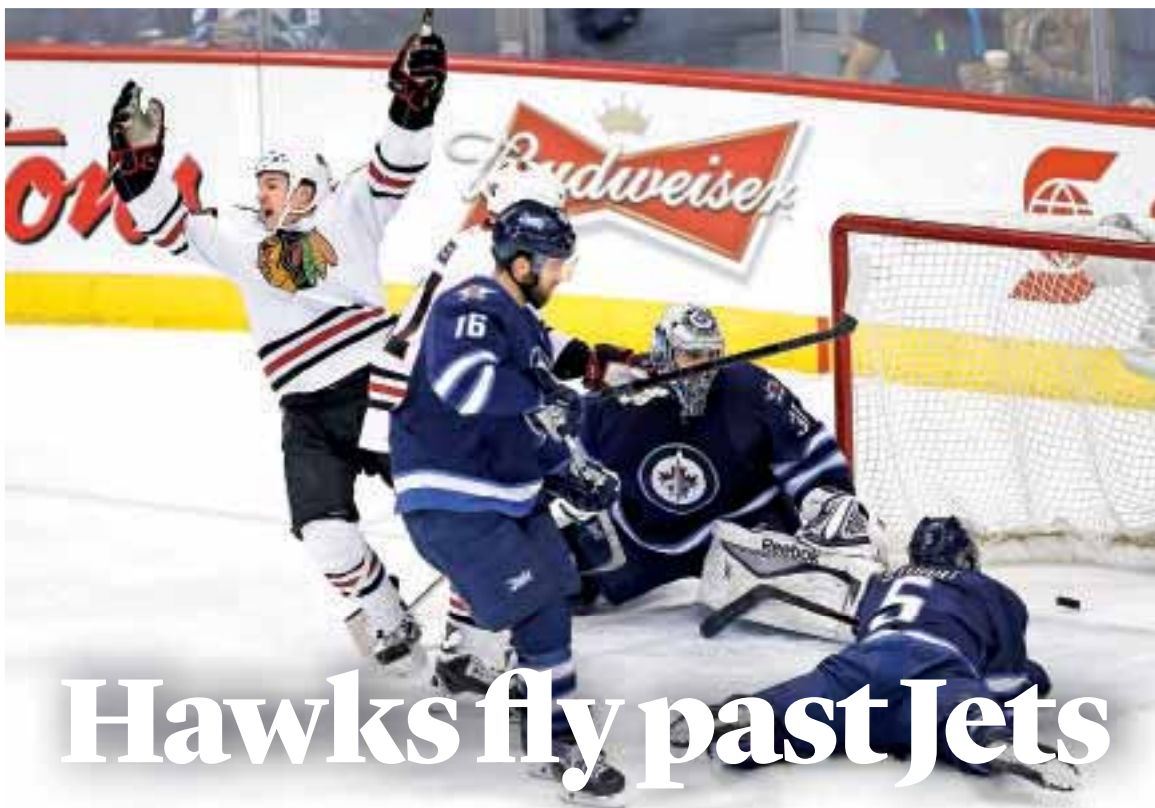
Winnipeg metr

MIND YOUR UMBRELLA: URBAN ETIQUETTE PAGE 11

Your essential daily news | MONDAY MARCH 30, 2015

High 11°C / Low 0°C Showers

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Chicago Blackhawks' Andrew Shaw celebrates a goal against Winnipeg Jets goalie Ondrej Pavelec at MTS Centre Sunday, as the Jets' Andrew Ladd and Mark Stuart defend and Hawks' Marian Hossa looks on. The Jets lost 4-3 in a heartbreaker; Winnipeg native Jonathan Toews scored the winner with only 31 seconds left in regulation time. Story, page 14. JOHN WOODS/THE CANADIAN PRESS

Flood-free spring likely

ENVIRONMENT

Season shaping up to be high and dry: Province

Manitoba suffers through flooding of some sort almost every spring, but officials say 2015 is shaping up to be almost worry-free.

The provincial government says the risk of flooding is low in most areas, thanks to a warmer-than-usual winter that saw below-normal snowfall amounts.

Because of warm weather in early March, the peak spring runoff has already occurred on most rivers in the south, including the Red, the Assiniboine, the Souris and the Fisher River.

Steve Topping, the province's head of water management, says it appears unlikely the government will need to use the Red River Floodway, which is the canal that diverts rising water around

Winnipeg.

The few areas of concern are mostly in the north where the melt is just underway and a lot of snow remains on the ground.

The province says there is minor-to-moderate risk of flooding for some low-lying land along the Saskatchewan and Carrot rivers.

The government says lake levels are generally high, but almost all are expected to remain below flood-stage, including Lake Manitoba, Dauphin Lake and Lake Winnipegosis.

Lake St. Martin is currently at its traditional flood stage, but the province says communities are well protected and only low-lying agricultural lands may see some flooding.

"Generally speaking, we have good news compared to what we had ... in the past," Fisaha Unduche, the province's chief flood forecaster, said Friday.

Unduche, warned, however, that things could change if there is a string of bad weather.

THE CANADIAN PRESS

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IN BRIEF

City mourns Amaro Silva

Flags at Winnipeg city hall will remain at half-mast until further notice, to mark the death of Amaro Silva, who was the councillor for Daniel McIntyre from 1992 to 1998.

Mayor Brian Bowman's office announced Silva's passing late Friday afternoon.

In a statement, Bowman said Silva was "passionate" in his advocacy and served on numerous boards, such as for Victoria General Hospital, the West End BIZ and the Winter Cities Association.

"Amaro will be remembered as a strong voice for Winnipeg, and we are proud he served as a member of our city council," added Bowman. METRO

Canadian Forces captain hospitalized after crash

A Canadian Forces captain has been hospitalized with a back injury after the military truck he was in lost control on an icy Manitoba highway and smashed into a bridge guardrail.

Maj. Mike Legace says the truck was part of a convoy of military vehicles on the Trans-Canada Highway west of Winnipeg on Friday night that were carrying reserve soldiers to CFB Shilo for weekend training.

Legace says the captain was taken to hospital in Portage la Prairie and later transferred to Winnipeg, while the other soldier has been treated and released.

THE CANADIAN PRESS



Firefighters on the scene of a factory fire at Griffin Wheel Works in Transcona on Friday morning. Police said that approximately 100 workers were able to leave the scene, while no injuries have been reported. BERNICE PONTANILLA/METRO

Crews fight blaze at factory for hours

FIRE

No timetable to reopen; up to 172 workers left in limbo



Bernice Pontanilla
Metro | Winnipeg

Firefighting crews had an over-

night job dealing with a fire at a north Transcona factory.

The fire broke out at Griffin Wheel Works, located at 2500 Day St., just before midnight on Thursday night, and firefighters were there until morning.

Winnipeg police said about 100 workers in the plant were able to leave and no injuries have been reported.

There is no word on an estimate of the damage, nor when the company, which makes steel wheels for railcars, will reopen

for business. Up to 172 workers might be out of work until the factory is operational, said officials.

The fire broke out in a second-storey storage room. Officials said that about a third of the factory is destroyed.

Another fire broke out at about 5:30 a.m. Friday at an apartment building in the 400-block of Young Street.

Fire officials said a woman had to be rescued from a second storey window when they got

there. In the meantime, two children had already jumped from the window.

Police said the two children and the woman were taken to hospital in stable condition as a precautionary measure.

The Arson Strike Force is investigating the Young Street blaze.

Crews topped off the morning by putting out a car that burst into flames on Burland Avenue near Aldgate Road. No one was hurt in that fire, but the car was completely destroyed.

FRAUD

Theatre's ex-GM charged

The former head of a local theatre company has been arrested for fraud.

Winnipeg police said a man employed as the General Manager and Artistic director for a local non-profit theatre exploited his position and embezzled more than \$85,000 from the organization, identified as the Winnipeg Jewish Theatre.

When the missing money was detected in 2014, the man fled to Texas, where he holds dual citizenship.

Michael Howard Mathanson, 48, has been charged with theft over \$5,000, and forgery.

METRO

POLICE

Fight sends 3 to hospital

Winnipeg police said an early-morning fight Sunday sent three people to hospital.

Police said the fight started at about 2:50 a.m. The fight appears to have begun at a house party.

Once the fight was broken up, three people were taken to hospital for non-life-threatening injuries and released.

The investigation is continuing, said police. Anyone with information is asked to call 204-986-6668. METRO

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POLICE

Officers praised for saving baby's life

A quick arrival and officers' resuscitation efforts likely saved the life of an infant, Winnipeg police said on Friday.

Const. Jason Michalyshen said police were called to a home in the 700 block of Flora Avenue on March 20 and found an infant not breathing.

The two officers then began chest compressions on the five-month-old boy, and, about a minute later, the infant began to breathe, though he remained unresponsive.

Paramedics arrived a short time later and took over the care of the infant, who was taken to hospital in critical condition, but was later upgraded to stable.

Michalyshen said police officers were able to arrive at the home a mere minute

“

Really, they were Johnny-on-the-spot there.

Const. Jason Michalyshen

after being dispatched.

“Really, they were Johnny-on-the-spot there, which is great and it does happen from time to time,” said Michalyshen, adding the child had become sick during the day and then suddenly stopped breathing.

“It's not every day that officers are required to perform first aid or even CPR, although we are prepared to do so. Just excellent work by these members, I think it's worthy of acknowledging.”

BERNICE PONTANILLA/METRO



Const. Jason Michalyshen answers reporters' questions during Friday morning's press conference. BERNICE PONTANILLA/METRO

YOUTH ISSUES

At-risk young people found during sweep

A Winnipeg police sweep targeting exploited youth resulted in two arrests and six at-risk young people being found, including one missing from rural Manitoba.

On Friday, Const. Jason Michalyshen said the sweep, called “Project Return,” took place on Wednesday and Thursday, and was done in partnership with StreetReach Winnipeg outreach workers.

“Our commitment to issues surrounding our missing youth will continue,” he added.

“It's about making contact with these individuals to make sure they are not being exploited first and foremost, making sure that human trafficking is not taking place.”

Michalyshen said in addition to the two men who arrested for prostitution and the six located youth, the sweep also nabbed a vehicle under the Highway Traffic Act and a missing youth who had an outstanding warrant.

Two women were deemed to be escorts and once police determined they weren't victims of human trafficking, nor under-aged, they were offered support services.

The police also checked 26 addresses for missing young people.

Michalyshen said police's counter exploitation unit conducts about four of these types of stings each year.

BERNICE PONTANILLA/METRO

CRIME

Vehicle contained 10 bedbug-sniffing dogs



Bernice Pontanilla
Metro | Winnipeg

Two teenagers are facing charges following a bizarre January vehicle theft that left specially-trained working dogs running around a Winnipeg neighbourhood.

Const. Jason Michalyshen said during a press conference on Friday that a 15-year-old boy and a 14-year-old girl are the two arrests so far, and further arrests are pending for the Jan. 19 incident.

The van that was stolen was described at the time as “ambulance-style” and contained 10 bedbug-sniffing dogs.

Michalyshen said it appeared the youth stole the vehicle to go on a joyride, however, “there's nothing joyful about this for anyone.”

“They saw an opportunity and I don't think they knew exactly what they were getting themselves into because the

“

I don't think they knew exactly what they were getting themselves into

Const. Jason Michalyshen

dogs were let out periodically,” said Michalyshen, adding that the investigation is ongoing.

The dogs were let loose in and around Parkville Drive soon after the van was stolen from the front of a hotel in the 2900 block of Pembina Highway around 6:30 a.m.

Police received a call from a concerned citizen and were able to round up eight dogs immediately.

They were then made aware of the vehicle theft and recovered the van and the remaining two dogs later that same day.

Michalyshen said the theft caused a big inconvenience, as the employee of the Ontario-based bedbug control company had to rent another vehicle and had his work delayed.

Police said back in January that the van was locked and left running to warm up outside the hotel when it was stolen.

WITH FILES FROM SHANE GIBSON

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Parkinson's patient turns it around at 66



WHAT'S GOOD

Ace Burpee

I saw the coolest thing Saturday night. I didn't discover the guy — I had seen him two nights earlier on the news — but to witness it live was inspiring.

Ask anyone who was in the sold-out Pantages Playhouse Theatre that night and they'll tell you the same thing. Saturday was the Manitoba Amateur Bodybuilding Championships.

Hundreds of ripped, jacked, highly tanned and super-fit people who have traded comfort foods, booze, and late nights for hours a day in the gym, strict diets and no excuses. It's a tough, tough thing to commit to.

The star of the show though? Sixty-six-year-old Steve Van Vlaenderen. The guy had the entire building in awe.

Four years ago, Steve was

diagnosed with Parkinson's and had, according to him, "no hope at all. I'd lost all hope." But something clicked, and instead of sitting around letting Parkinson's win, he took charge.

He started working out (two hours a day, five days a week), eating better, and overhauling his lifestyle. The result is nothing short of incredible. He's ripped, has dropped more than 60 pounds — and there he was Saturday night, posing for judges and dropping jaws.

His right arm was shaking noticeably due to the attack on his nervous system, but the show he put on for the crowd absolutely killed it. And remember: He's 66!

The human body is amazing; the human will, even more so. Steve Van Vlaenderen is a beauty. Thanks for the inspiration, man.

Ace Burpee is a writer, radio show host, producer and supporter of all things good.



Steve Van Vlaenderen, a 66-year-old bodybuilder, took charge of his health after being diagnosed with Parkinson's. FACEBOOK



The Future Shop in St. James is papered over, with the soon-to-be-closed Target store reflected in the window. ELISHA DACEY/METRO

'You work hard ... then they just shut the door'

BUSINESS

Shoppers, employees lament Future Shop closure



Elisha Dacey
Metro | Winnipeg

Marcus Silva just wanted to exchange a pair of headphones Sunday.

"I was just here on Thursday," said the man, gesturing with a Future Shop bag in front

of the now-closed store on St. James Street. "I guess I'll take it next door (to Best Buy), see what happens."

Future Shop stores across Canada closed on Saturday to the shock of customers and dismay of hundreds of employees losing full- and part-time jobs.

Best Buy Canada, a subsidiary of Best Buy Co. Inc. that owns and operates both Best Buy and Future Shop stores, said in a statement it will close 66 of Canada's Future Shops for good, while 65 others will be converted into Best Buys.

The move will result in the loss of 500 full-time and 1,000

part-time jobs. The affected employees will receive severance, employee assistance and outplacement support, the company said.

An employee of the St. James store said the closure was a surprise. "It came out of nowhere," he said, declining to be named. "It sucks, you work hard ... then they just shut the door."

The decision to close the Future Shop stores was made after the company said it reviewed its "real estate footprint," adding a significant number of Future Shop and Best Buy stores are located next

to each other, often in the same parking lot. Best Buy bought Future Shop in 2001.

The company also said that all Future Shop gift cards will be accepted at any Best Buy Canada location and online, while product orders, service appointments and warranties will continue to be honoured and Future Shop purchases to be returned or exchanged will also be accepted at any Best Buy.

For Silva, that's exactly what happened.

"They took it back. Yeah, it was no problem," he said.

WITH FILES FROM THE CANADIAN PRESS



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Winnipeg hops on board the craft beer bandwagon

FOOD & DRINK

Suds-specific bars helping change palates of 'Peggars



Shane Gibson
Metro | Winnipeg

Winnipeg beer drinkers are finally waking up to what's happening to their beer.

Small, often independently run craft breweries have been shaking up preconceived ideas about beer for years, using unique ingredients and innovative brewing techniques.

And with a number of bars and restaurants now adding the sudsy creations to their menus, Winnipeg is finally catching up to cities that embraced the concept years ago.

"B.C. is probably the front-runner for craft beer sales in Canada, Alberta is probably behind them by five years and we're probably behind them by 10 years," said Winnipeg beer enthusiast Colin Enquist, who hosts the beer-themed podcast Pub Chat, and is on the front lines of bringing craft beer to the city as a rep with distributor 49th Parallel Group. "It's been constantly growing here over the last five years, but I'd say in the past year or so there's been a big increase in sales."

Enquist said changes made last year to Manitoba's liquor laws meant to encourage more breweries to open have led craft breweries across Canada and the



Barley Brothers Polo Park assistant manager Diego Osorio serves up an Anderson Valley Wild Turkey Bourbon Barrel Stout, one of more than 70 beers available on tap at the restaurant and craft beer bar. SHANE GIBSON/METRO

U.S. to see the Keystone Province as an untapped market.

And it's not just bars getting on board: Enquist said city chefs are starting to pair meals to craft beer, which is leading to more sales to restaurants.

Numbers from Manitoba Liquor and Lotteries show craft beer sales at Liquor Marts jumped 32 per cent between 2011 and 2013. Liquor Marts in Manitoba now have 389 types of craft beers available.

With all the options — and flavours varying from Neapolitan ice cream and pumpkin spice to

“When we first opened, people would come here and be really closed-minded ... but slowly it's started to get better as people give it a try and find out they like it.”

Diego Osorio, of Barley Brothers Polo Park

serrano pepper — Barley Brothers Polo Park assistant manager Diego Osorio said it's important his staff know their stuff and can educate customers on what they're drinking.

"Our job has been to guide and change people's minds,"

he said. "When we first opened, people would come here and be really closed-minded ... but slowly it's started to get better as people give it a try and find out they like it."

"For us to build a strong industry we have to stick with our

thing and educate customers."

While the legislation changes started last year are by no means groundbreaking, Enquist said they're a good start, and he expects further changes — like the province's plan to allow breweries to sell their beer in taprooms — mean the craft beer boom is just starting.

"My sales calls for restaurants become easier and easier every day because everybody's realizing there's a market for craft beer," he said.

"It's just something that's being embraced more and more."

ALE TALE

Metro goes gold-digging

We sent Shane Gibson out to sample some craft beers. Here's what we've been able to discern from his "notes":

1 Serrano Pepper Ale, Saugatuck Brewing Company

Dark amber in colour, slightly cloudy and brewed with fresh serrano peppers so it's got a zip, but it's sweeter than you'd think.

2 Anderson Valley Wild Turkey Bourbon Barrel Stout.

This dark beer has good head retention and smells both chocolatey and a bit boozy, and is aged in an old bourbon barrel. It's got notes of vanilla and a bit of a woody finish.

156

The number of beer taps at Barley Brothers on Pembina Highway.

242

The number of craft beers available at Grant Park Liquor Mart.

30

The number of craft-beer-producing countries with products available in Manitoba.

2.3

The per cent of increase in craft beer sales in Manitoba between January 2014 and January 2015 (overall beer sales fell by 2.5 per cent over the same time).

128

The number of micro-beers available in the province (brewery must produce less than 75,000 hectolitres).

16.3

The per cent increase of micro-beer sales in Manitoba between January 2014 and January 2015. MANITOBA LIQUOR AND LOTTERIES



3 Bottle Rocket ISA, Phillips

This India Session Ale, available in cans at Peasant Cookery is golden in colour with a little haze. It's got heavy floral notes and is a little less hoppy than you'd think by smelling it. Perfect beer for a hot day.

4 Saison de la Ceinture Fléchée, Half Pints.

This Half Pints creation is unfiltered and naturally carbonated — and it's a must-try. It's got a very fruity aroma and tastes remarkably like bananas.

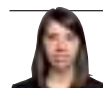
5 Little Scrapper IPA, Half Pints.

If you want a local hoppy beer, you're looking for Little Scrapper. This slightly cloudy amber coloured beer has an aroma of grapefruit and its hoppy taste is balanced with a malty finish.

Passengers left unfazed by crash

HALIFAX

Flight delays, cancellations after plane slid from runway



Haley Ryan
Metro | Halifax

Investigators spent the day at Halifax Stanfield International Airport combing through a badly damaged Air Canada jet that slid more than 340 metres along the runway after a "hard landing" in a heavy snowstorm.

But, barely 12 hours after the crash, travellers at Stanfield International were dozing in the departures lounge and only a few delays were showing on the arrival and departures boards.

By Sunday afternoon, a handful of people lying on blue mats around the departures gate and delays flashing on screens were the only signs anything had gone amiss.

An Air Canada jet coming from Toronto made a hard



Investigators continue to work at the crash site for Air Canada Flight 624 that skidded off the runway early Sunday at the Halifax Stanfield International Airport. By Sunday afternoon, there only a few signs that anything had gone amiss. JEFF HARPER/METRO IN HALIFAX

landing at the Halifax Stanfield International Airport around 12:30 a.m., and the damaged plane sat on the tarmac all day Sunday after a second runway was opened.

"Incidents happen. To me it wasn't really an accident, it's

an incident ... so it doesn't deter me from flying," said Annette Ford as she waited to board a plane Sunday afternoon that was supposed to leave at 7 a.m.

Halifax International Airport Authority spokesman Peter

Spurway said things were running slower than usual on Sunday afternoon, but steadily improving. Power at the airport had gone out soon after the plane landed, taking down the baggage and screening systems, which had to be done

manually for a few hours.

"We'll have to make sure that the runway is completely all set before we can put it back in service," Spurway said.

As he waited for his delayed flight to Alberta, Jerome Almon of Cape Breton said

66

Flying into Canada, this is what sometimes happens.

Samantha Compton

there "was a lot of chaos" when he joined the lines of hundreds of people waiting to check baggage Sunday morning, but by 1 p.m. everything had calmed.

Some slept on blue mats along the benches, while others said they were offered vouchers for food and drink to make up for the unexpected delay.

The city was under a snowfall warning during the landing, and flyer Samantha Compton said it would be a good idea to review regulations in case anything could be improved.

"Flying into Canada, this is what sometimes happens, and (it's) unlucky, but everyone deals with the situation the best they can," said Compton, who arrived in Halifax after her flight in was delayed in Montreal.

IN BRIEF

Limo driver's lawyer looking forward to cross-examination

The lawyer for a limousine driver who has launched a civil lawsuit against Justin Bieber says he is "looking forward to the opportunity of cross-examining" the Canadian pop star. Clayton Ruby, the lawyer for Abdul Mohar, has filed documents in an Ontario court that allege that Bieber assaulted his client during an incident in 2013. Ruby says he intends to prove the allegations in court.

THE CANADIAN PRESS

Tories to tackle issue of payments to wounded veterans: sources

The system of awards for the pain and suffering of the country's most severely wounded soldiers is about to be overhauled as the Harper government attempts to defuse a volatile issue within the veterans community. Multiple federal sources say that Veterans Affairs Minister Erin O'Toole will announce targeted improvements Monday to bring lump sum awards for the most severely disabled more in line with what courts award civilians injured in workplace accidents. THE CANADIAN PRESS

NEW BRUNSWICK

Atlantic region sees decline in birth rates

Coles Island School in New Brunswick has taught children for 58 years but this may be its last.

Enrolment has dwindled to a point where the school now teaches 30 students from kindergarten to Grade 5. The area's district education council voted this month to close the school.

The school's closure is just one way the province's demographic shift manifests itself. Here's another: Statistics Canada reported this month that more people died than were born in New Brun-

wick last year for the first time since it began tracking such figures. Two other provinces — Nova Scotia and Newfoundland and Labrador being the others — have also recorded more deaths than births in recent years.

Academics and politicians have warned about Canada's aging population and what it will mean for the country's social services and its rural communities. Nowhere is that impact more acutely felt than in Atlantic Canada.

THE CANADIAN PRESS

Police watchdog probes man's death

Ontario's police watchdog is investigating the death of a 58-year-old man after a stand-off in a Peterborough parking lot that forced a lockdown at a Walmart on Saturday.

The Special Investigations Unit says Peterborough city police were contacted about a man with a firearm.

An SIU statement says officers located the man in his vehicle in the store's parking lot and tried to communicate with him.

The agency says a gunshot

was heard from the man's vehicle and police found the man dead. A post-mortem has been scheduled for Monday morning in Toronto.

Local media outlets reported there were several hundred of people in the store at the time.

Peterborough paramedics were called to provide assistance to any customers at the supermarket who required medical attention, but no injuries among the customers were reported.

THE CANADIAN PRESS

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FRANCE ELECTIONS

Socialists lose to mainstream right

Former president Nicolas Sarkozy blasted the “lies, denial and impotence” of France’s governing Socialists after estimates showed his conservative party and their allies chalked up wins across France in Sunday’s local elections that saw the left lose half of its councils. The far-right National Front edged forward in its bid to create an army of grassroots support.

Socialist Prime Minister Manuel Valls conceded that the mainstream right won the voting.

“It is incontestable,” Valls said, bemoaning divisions within the left that he said proved costly.

Polling firms estimated that Sarkozy’s conservative UMP and centrist allies won 66 to 70 of the 98 local councils, while President Francois Hollande’s divided Socialist Party — which held the majority of local councils before the elections — took up to 35

but potentially lost half of those it held before the elections. Last week’s first round pointed to a win of the mainstream right.

Sarkozy, in a victory statement, said the right would prepare a changing of the guard “to redress the country, stop the decline that the most archaic socialism in Europe has plunged it into.”

Estimates suggested the anti-immigration National Front could win up to two councils with scores that Valls said were “clearly in progression.”

The political stakes were high despite the local vote as Hollande’s left tried to save itself after failing to boost the lagging French economy or increase jobs and Sarkozy’s right eyed a comeback, and each side tried to fend off the anti-immigration National Front which comes off a series of electoral victories.

THE ASSOCIATED PRESS

YEMEN

Military strikes to continue: Leaders

A two-day Arab summit ended Sunday with a vow to defeat Iranian-backed Shiite rebels in Yemen and the formal unveiling of plans to form a joint Arab intervention force, setting the stage for a potentially dangerous clash between U.S.-allied Arab states and Tehran over influence in the region.

Arab leaders taking turns to address the gathering spoke repeatedly of the threat posed to the region’s Arab identity by what they called moves by “foreign” or “outside parties” to stoke sectarian, ethnic or religious rivalries in Arab states — all thinly veiled references to Iran, which has in recent years consolidated its hold in Iraq, Syria, Lebanon and now Yemen.

The summit’s final communique made similarly vague references, but the Arab League chief, Nabil Elaraby, was unequivocal during a news conference later, singling out Iran for what he said was its intervention “in many nations.”

A summit resolution said the newly unveiled joint Arab defense force would be deployed at the request of any Arab nation facing a national security threat and that it would also be used to combat terrorist groups.

The agreement came as U.S. and other Western diplomats were pushing to meet a Tuesday deadline to reach a deal with Iran that would restrict its nuclear program in exchange for the lifting of economic sanctions. THE ASSOCIATED PRESS

IN BRIEF

Religious-objections law not a mistake, says governor of Indiana

Indiana’s governor defended a new state law that’s garnered widespread criticism over concerns it could foster discrimination against gays and said Sunday it wasn’t a mistake to have enacted it.

Gov. Mike Pence appeared on ABC TV’s This Week with George Stephanopoulos to discuss the measure he signed last week prohibiting state laws that “substantially burden” a person’s ability to follow

his or her religious beliefs. The definition of “person” includes religious institutions, businesses and associations. THE ASSOCIATED PRESS

ISIL says it beheaded eight Shiites in Syria

A new video released by ISIL on Sunday shows its fighters cutting off the heads of eight men said to be Shiite Muslims. The video posted on social media said the men were beheaded in the central Syrian province of Hama. THE ASSOCIATED PRESS



TUNISIA LEADING SUSPECT IN MUSEUM ATTACK KILLED IN ANTI-TERRORISM RAIDS: PRIME MINISTER A protester holds placards reading “All together against terrorism” during a march in Tunis on Sunday. Tens of thousands of Tunisians marched through the capital to denounce extremist violence after a deadly museum attack on foreign tourists. Hours ahead of the rally, security forces killed nine terrorist suspects in raids around the country. HICHEM JOUINI/THE ASSOCIATED PRESS

Plane’s co-pilot belongs to our community: Pastor

FLIGHT 9525

Andreas Lubitz’s hometown shocked

The pastor of the Lutheran church in Andreas Lubitz’s hometown said Sunday that the community stands by him and his family, despite the fact that prosecutors blame the 27-year-old co-pilot for causing the plane crash that killed 150 people in southern France.

The town of Montabaur has been rattled by the revelation that Lubitz, who first learned



The co-pilot, the family belong to our community, and we stand by this, and we embrace them and will not hide this, and want to support the family in particular.

Michael Dietrich, Lutheran church pastor

to fly at a nearby glider club, may have intentionally caused Tuesday’s crash of Germanwings Flight 9525.

“For us, it makes it particularly difficult that the only victim from Montabaur is suspected to have caused this tragedy, this crash — although this has not been finally confirmed, but a lot is indicating that — and

we have to face this,” pastor Michael Dietrich said.

He spoke to The Associated Press after holding a church service Sunday to commemorate the crash victims and support their families.

“The co-pilot, the family belong to our community, and we stand by this, and we embrace them and will not hide this,

and want to support the family in particular,” Dietrich said.

He added that there is no direct contact with the family at the moment but he believes they are receiving good assistance.

French prosecutors haven’t questioned the family yet “out of decency and respect for their pain,” Marseille prosecutor Brice Robin said.

Authorities are trying to understand what made Lubitz lock his fellow pilot out of the cockpit and ignore his pleas to open the door before slamming the plane into a mountain on what should have been a routine flight from Barcelona to Duesseldorf. THE ASSOCIATED PRESS

SURVEILLANCE

NSA mulled ditching phone-records program

The National Security Agency considered abandoning its secret program to collect and store American calling records in the months before whistleblower Edward Snowden revealed the practice, current and former intelligence officials say, because some officials believed the costs outweighed the meagre counterterrorism benefits.

After the leak and the collective surprise around the world, NSA leaders strongly defended the phone-records program to Congress and the public but without disclosing the inter-

nal debate.

The proposal to kill the program was circulating among top managers but had not yet reached the desk of Gen. Keith Alexander, then NSA director, according to current and former intelligence officials who would not be quoted because the details are sensitive. Two former senior NSA officials say they doubt Alexander would have approved it.

Still, the behind-the-scenes NSA concerns, which have not been reported previously, could be relevant as Congress decides

whether to renew or modify the phone records collection when the law authorizing it expires in June.

The internal critics pointed out that the already high costs of vacuuming up and storing the “to and from” information from nearly every domestic land-line call were rising, the system was not capturing most cellphone calls, and the program was not central to unravelling terrorist plots, the officials said. They worried about public outrage if the program ever was revealed.

After the program was dis-

closed, civil liberties advocates attacked it, saying the records could give a secret intelligence agency a road map to Americans’ private activities. NSA officials presented a forceful rebuttal that helped shape public opinion.

Responding to widespread criticism, President Barack Obama in January 2014 proposed that the NSA stop collecting the records, but instead request them when needed in terrorism investigations from telephone companies, which tend to keep them for 18 months. THE ASSOCIATED PRESS

Crowdsourcing holds key

FIRST NATIONS

Thinkers challenged to find solution to health care

A long and dark list materializes when tabulating the health problems plaguing First Nations communities across Canada: HIV and AIDS, tuberculosis, nutritional deficits, alcohol and drug dependency, suicide.

Some innovative thinkers say they believe a brilliant solution could cost as little as \$25,000.

An accounting firm and new tech outfit have paired to try to inspire problem-solvers from around the world to generate cost-effective ideas that might prove to be the magic elixir for the health-care challenges facing First Nations.

Calgary-based MNP LLP has adopted a strategy that's also being used by Google as it tries to send a robot to the moon — combining crowdsourcing and cash incentives to find



An accounting firm and new tech outfit have paired to challenge problem-solvers from around the world to generate cost-effective ideas that might prove to be the magic elixir for the health-care challenges facing First Nations. JONATHAN HAYWARD/THE CANADIAN PRESS

solutions. "Everybody will say, 'Let's throw more money at this problem,'" said Clayton Norris, an executive with MNP. "But that's not what we're saying here."

The firm is putting up just \$25,000 as first prize, and two smaller prizes of \$5,000, for the best ideas that will be judged by a panel of health experts and its own representative. The

challenge is dubbed Operation Blue Sky.

First Nations health advisers say the avant-garde use of crowdsourcing, referring to the process of soliciting a

multitude of micro-ideas using the expansive reach of 21st century communications, is a first for aboriginal health care in Canada.

Finding an affordable way to address the many health problems faced by First Nations is a big ask, Norris admitted. But his firm was inspired to try something different, by the online platform that's hosting the challenge.

The company, called HeroX, is a for-profit spinoff of the XPrize Foundation, which is running Google's higher-stakes \$30-million competition urging teams to design a cheap lunar robot by the end of 2016.

Norris said the competition stems from MNP's desire to give back to its clients — more than 150 First Nations across the country. The deadline for proposals is Aug. 12. Anyone can submit a solution, although the firm is encouraging entries from aboriginal Canadians who already have some experience providing community health care. MNP funds the prize, while also paying a small percentage to HeroX.

THE CANADIAN PRESS

IN BRIEF

Target speeding up its exit from Canada

Target Corp. is planning to close all of its Canadian stores even faster than originally planned.

A court-appointed monitor overseeing the windup of the Target Canada stores says all 133 locations across the country will be permanently shut down by "as early as mid-April," which is about a month ahead of schedule.

Some locations have already ceased operations — 17 stores closed in the middle of March. Another six Target locations will shutter on Monday, while 23 are slated for closure on April 1, and 32 more on April 2.

A liquidation has been underway since last month, while lawyers are in court trying to iron out the details of Target's departure. A variety of creditors that include landlords, suppliers and others impacted by the closures, are trying to determine what will happen to money they're owed.

THE CANADIAN PRESS



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ROSEMARY WESTWOOD

metroview

What is the bigger vision for our post-secondary institutions?

More and more our post-secondary institutions are behaving like private — rather than public — enterprises, and it's students who are propping them up.

The ones benefitting, however, are university bigwigs.

Their salaries are routinely grabbing headlines, like UBC president Stephen Toope's \$536,196, making him the top paid among post-secondary employees in B.C. last year, according to media reports.

University of Alberta president Indira Samarasekera was criticized for her \$529,000 salary in 2013. And just last week, we learned Western University president Amit Chakma earned an incredible \$924,000 last year.

Relax, Western countered: It's really only a \$440,000 salary. Chakma got a two-for-one last year because he was owed a paid year of leave. Yeah, right. Job perks are not an excuse — they're part of the problem. And close to half a million dollars is still too high.

Don't give me the bull that you need to attract talent. A prestigious job with the ability to create real change will attract excellent candidates. It does for many other Canadian schools for half the price.

So why the high salaries?

David Macdonald, an economist at the Canadian Centre for Policy Alternatives, said universities are competing against the private sector, where RBC's CEO made \$7.56 million last year, instead of the

public sector, where Prime Minister Stephen Harper pulled in \$327,400.

If university boards believe they need to think like the private sector, who am I to disagree? Besides, that strategy aligns with their revenue models, which depend less and less on government funding and more and more on private sources, mostly tuition fees. Tuition now covers 51 per cent of Ontario university budgets, according to the province's faculty associations. Nationally, according to 2009 stats, they represent 35 per cent of university budgets, up from about 14 per cent in 1989.

But, my question is: What is the bigger vision for our post-secondary institutions? And where is the end game?

Macdonald argues we're already beginning to look like the U.S. (where median compensation for university presidents in 2014 was \$478,896, according to one newspaper analysis).

Meanwhile, students from the University of Saskatchewan were protesting high tuition fees last week, conjuring up a dream, some might say, of free post-secondary education.

Other wealthy countries such as Denmark and Germany offer that; it's an idea that's realistic, yet wildly unlikely here.

Too bad. True public higher education — paid for by all of us, available to all of us — is my kind of vision.

#MYMETRO

Introducing a new photo feature. Made by you, dear reader

Hey Winnipeg, we're now on Instagram!

Follow us at metronews.ca and post pictures of yourself reading your Metro Winnipeg with the hashtag #MyMetro and we'll repost.

We'll also feature a reader pic in this spot every Monday.



Bridge being repaired for wealthy, not the core

INSIDE THE PERIMETER

Shannon VanRaes



We've all heard the stories.

It was intended to span the Nile; Winnipeg got it on the cheap; it was made for a river in Arlington, France — no wait — make that Arlington, Va. Or was it Texas?

One thing is certain: After more than a century ferrying Winnipeggers over the CP rail yards, the Arlington Street Bridge is reaching the end of its lifespan. According to engineering reports, safety concerns will close the ironwork bridge by 2020.

Winnipeg city council is looking at alternatives, but the real question is why the city waited this long to begin planning for the inevitable.

Preliminary engineering for a yet-to-be chosen design has only been budgeted to begin in 2017, a mere three years

before the existing bridge is expected to close.

As for funding for a new bridge, securing that is also still somewhere down the road. But it's not as though city planners didn't see this coming.

According to an in-depth four-part series about the bridge published on Christian Cassidy's blog, West End Dumpings, the first structural issues arose in 1931. In 1943 structural problems arose again, as they did again three years later in 1946 when \$50,000 was spent to repair failing foundations on the bridge's steep approaches. The oddly-pitched structure also required major repairs in the 1960s, 1970s, 1990s, and so on and so forth.

So why has it taken this long for the city to seek a meaningful solution to this decades-old issue? Why, with only a few viable years left, has the Arlington Bridge debate just begun in earnest?

Let me put it bluntly. Wealthy areas of Winnipeg — and most major cities, for that matter — get more attention.

Councillors and city staff seem to have finally accepted that the Arlington Bridge can't just be erased from the urban landscape, but that conclusion wasn't based on concern for North or West End residents. It was based on the needs of those living in newer, wealthier neighbourhoods.

Councillor Mike Pagtakhan, whose ward encompasses the bridge, pointed to new housing developments planned for the city's northwest as the reason the bridge should be rebuilt. Funnelling traffic through McPhillips Street would create a commuter bottleneck, he said.

And therein lies the problem. The primary focus continues to be on how to get people out of the downtown and away from core neighbourhoods as fast as possible, rather than how to get people

living and working in neighbourhoods that reduce the need to commute.

In its 2015 budget, the city lists the top four infrastructure projects as the Waverley Street underpass, the Marion-Archibald underpass, the extension of the Chief Peguis Trail and the widening of Kenaston Boulevard. All are aimed at servicing communities at the edge of the city.

There is no doubt that Winnipeg will continue to grow, but we can't afford to service new neighbourhoods at the expense of old ones.

Shannon VanRaes is a Winnipeg-based journalist and photojournalist who spends her days contributing to the Manitoba Co-operator and her nights covering urban affairs. Thanks to the bite of a radioactive spider, she no longer needs to sleep. She can be reached on Twitter @ShannonVanRaes.

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Get a grip on broolly behaviour on the bus

URBAN ETIQUETTE

How to keep umbrella use right as rain

Ellen Vanstone



Dear Ellen,

Winter is barely over, but I've already found myself about to sit down on the bus only to discover a wet seat caused by a previous passenger placing their umbrella on it. That, and I was almost stabbed by the person in front of me carrying their umbrella under their arm and stopping too quickly. What is the proper etiquette when it comes to commuting with umbrellas?

— Jeff in Vancouver

Dear Jeff,

It is never advisable to sit down on a wet seat on public transit, but at least in your case, we can assume the moisture is pure West Coast rainwater — not that it makes bad umbrella etiquette any less annoying.

Proper procedure with a drippy broolly is to shake it, shake like it's hot, then roll it

up, strap it shut and hold it close to you like a cane, tip down toward the floor, while you sit or stand on the bus or train.

Chances are, a few stray drops may dampen your own leg, but if anyone's forced to soak up excess water from an umbrella, let it be the said umbrella's owner.

If you have a purse-size collapsible broolly, and you're OCD enough to have kept the little sleeve it came in, shake the umbrella, bundle it into the sleeve, or a plastic bag, and stuff it into your purse, knapsack or pocket.

As for the jabbing, not only is such behaviour the height of rudeness, it can also be fatal, as in the case of Bulgarian ex-pat Georgi Markov, who was jabbed in the calf by the tip of a passerby's broolly on London's Waterloo Bridge in 1978, and died three days later.

your propensity for sarcasm remains at moderately civil levels, you are likely safe from this kind of murderous umbrella attack.

Still, when jabbed, even unfatally, it is tempting to use your own umbrella as a retaliatory weapon, but it would

Admittedly, the umbrella that killed Markov contained the deadly poison ricin delivered in a micro-engineered pellet devised by KGB technology. It's also true that Markov was a particularly sarcastic critic of Iron Curtain Communism. So if you're not a target of Cold War spies and

be very bad manners indeed to thrash a fellow commuter on public transit with your rolled-up umbrella — even if it's the very small, purse-sized model — no matter how much they deserve it.

A simple request is the way to go: "Excuse me, I wonder if you could lower your umbrella a touch?" (taking care not to add, sarcastically or otherwise, "and shove it where the sun don't shine").

DO YOU HAVE A QUESTION FOR URBAN ETIQUETTE? SEND IT TO LIFE@METRONEWS.CA

“it would be very bad manners indeed to thrash a fellow commuter

PSYCHOLOGY

Humans designed to weather breakups

Humans are wired to break up and move on, according to a new study drawing on the field of evolutionary psychology.

"Our review of the literature suggests we have a mechanism in our brains designed by natural selection to pull us through a very tumultuous time in our lives," says Brian Boutwell, associate professor of criminology and criminal justice and associate professor of epidemiology at Saint Louis University in the U.S.

Dr. Boutwell focused on the process of breaking up (deemed primary mate ejection for the purposes of the study), and getting over it — which is called secondary mate ejection.

"It suggests people will recover; the pain will go away with time," he says of his research. "There will be a light at the end of the tunnel."

Men are more likely to end relationships if their partner has cheated on them, according to the study, indicating that for evolutionary purposes, men

are hard-wired to avoid raising children of whom they are not the biological father.

Women are likely to end relationships if their partner is emotionally unfaithful and this also has evolved for practical reasons, according to the study, which was published in the journal Review of General Psychology.

Mate ejection by females has evolved as a way to avoid the loss of resources, such as physical protection, that their mates provide, says Dr. Boutwell.

Yet men and women have reasons in common for ending a relationship, according to Dr. Boutwell, whose research suggests neither tolerates cruelty.

Research into lost love is important, says Dr. Boutwell, in developing a better understanding of why relationships fail.

"If we better understand mate ejection, it may offer direct and actionable insight into ways in which couples can save a relationship," he says. AFP



Humans are wired to survive loss of love, study shows. ISTOCK



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The salesman, eyes twinkling, says, "C'mon, it's just \$125 a week to drive this beauty!" But if you fall for this trap it will cost you. iSTOCK

Taking stock of the real cost of your car

FINANCING

Beware of hidden driving expenses and too-long loans

Gail Vaz-Oxlade
gailvazoxlade.com



I'm standing in front of a money moron pointing out that he's spending way too much on his vehicle. His response: "It's only \$350 biweekly." Lord love a duck! The dude is taking home about \$4,000 a month and thinks that spending \$700 a month on a vehicle payment is OK.

"So you're OK spending more than a quarter of your income on your car?" I ask, my eyes almost popping out of my head in disbelief. (You've seen my eyes do that, right?)

"What do you mean?" he asks, since by his calculation, he's nowhere near the 25 per cent mark.

"Add in your insurance, your maintenance, your gas," I say, stabbing at the paperwork in front of us, "it comes up to \$1,100 a month. That's 27 per cent of your income."

He looks stunned. He had never added it up.

Of course he hadn't. He'd seen that \$350 biweekly pay-

ment and felt really good about working that into his non-existent budget. And he never thought of the payment in the context of his income. He'd seen a payment of \$350 and thought, "I can have this great car for \$350!"

The biweekly or weekly payment is the latest trend in payment positioning in the car biz. You can make just about any payment amount palatable if you break it down enough. The salesman looks at you, a twinkle in his eye, and says, "If you take the loan for 84 months, you can have that beautiful vehicle for just \$125 a week."

Zoom! Zoom! You can do \$125 a week, right? C'mon, it's just \$125 a week to drive this beauty!

Back to my money moron. "I have more bad news for you, buddy. Have you added up what this vehicle is going to cost you by the time you've paid it off?"

You can make just about any payment amount palatable if you break it down enough.

"No," he says sheepishly. Why would he do that? He doesn't want to know what the interest is going to add to the cost of the vehicle? He just needs to know how small he can make the payment.

"OK," I say, "that's the next

step." I give him a calculator and say, "Multiply the \$45,000 you dropped on this baby by the six per cent you're paying on your loan. Then divide by 12 to get the monthly interest. What do you get?"

He pushes the buttons on the calculator and comes up smiling. "\$225," he says, confident that he's done it right.

"How long is the loan?"

"72 months," says he.

"Since the interest is calculated on a declining balance, we're going to use 68 months for this calculation. Multiply \$225 by 70 months."

He pushes more buttons and says, "\$15,750."

"So you'll have paid over \$60,000 for that \$45,000 car!"

He's surprised. He'd never thought about adding the financing cost into the purchase price to see what the car was actually going to cost.

Now that we have, he has the decency to look chagrined.

happy to roll what you owe to the new vehicle they're selling you. They call what you still owe "negative equity."

Don't be fooled by the word "equity." You don't have any, thus the word "negative." Translated into English, "negative equity" equals "debt."

So now that you've taken a too-long loan, and the loan has outlasted the vehicle, why don't you take some of that debt you haven't yet paid off and wrap it around your new car loan, driving up the new car cost even further?

Why not? C'mon, it'll get you into a snappy new vehicle for just \$125 a week if you take the loan for eight years. It's a deal!

Buying a vehicle is a big expense. If you extend the loan payments past 48 months, you're buying more vehicle than you can afford.

Don't fool yourself by going for one of those massively long loan periods. You're deluding yourself and you'll end up paying way more than the vehicle is worth.

If you haven't added the loan cost to the cost of the vehicle so you know what that sweet ride will end up costing you, you're being an ostrich.

"Get rid of the car," I say, "you can't afford it."

His mate looks over at me triumphant. She told him not to buy that car, but he'd gone ahead and done it anyway. Money morons aren't particularly good listeners!

"Assuming, of course, you drive that puppy for six years."

Car salespeople have another nifty trick up their sleeves when it comes to making you feel better about being a money moron.

If you run out of car before you run out of payment they're

Doctors have duty to warn: Experts

MENTAL HEALTH

A look at the responsibilities of a person who fears risk to the public

Emerging evidence in the investigation into Germanwings co-pilot Andreas Lubitz is raising suspicions he may have suffered from mental health problems which he hid from his employer.

And that, in turn, is raising questions of whether a mental health professional has a duty to warn authorities if he or she thinks a patient is likely to be a threat to others — in the workplace or elsewhere.

The short answer to that question is yes.

Let's take a look at this issue:

What is the evidence that suggests Lubitz had mental health problems?

It's early in the investigation, and information could change. But German media are reporting the co-pilot had been treated for depression. And The New York Times is reporting that among Lubitz's papers were several doctors' notes stating he was too ill to work, including one for the day he seems to have deliberately crashed the plane he was co-piloting.

If Lubitz was under the care of a mental health professional, was that person duty-bound to warn authorities if it appeared Lubitz posed a risk to his airline's passengers?

Psychiatrists, like other medical



Candles are lit to remember the victims of the Germanwings Airbus flight on Saturday in Digne-les-Bains, France. The tragedy involving an apparently mentally ill co-pilot is raising questions of whether mental health professionals have a duty to warn authorities if they think a patient is likely to be a threat to others. THOMAS LOHNES/GETTY IMAGES

professionals, are bound by laws of confidentiality. They must keep private the information they learn from their patients. That said, courts have ruled that at times the duty to a patient is superseded by the duty to warn or protect others.

What have the courts said in Canada?

Here the rules are guided by a Supreme Court decision from 1999 in a case called Smith vs. Jones. A psychiatrist, John Smith, did a psychiatric evaluation at the behest of the defence lawyers for James Jones, accused of aggravated sexual assault. During the session, Jones disclosed plans to kidnap, rape and kill prostitutes.

Smith applied to the courts for the right to disclose the confidential information. Lawyers for Jones attempted to block Smith. The case ended up before the Supreme Court of Canada, which ruled that doctor-patient confidentiality is not absolute and may have to be breached if there is a danger to the public.

How is that applied here?

It is spelled out in a policy paper from the Canadian Psychiatric Association entitled The Duty to Protect.

The association interprets the Supreme Court ruling to mean that doctors do have a duty to disclose information they've been told by patients if they believe those patients pose a

danger. And it tells members to warn patients that there are limits to confidentiality.

The association notes the Supreme Court did not stipulate exactly how medical professionals should discharge their duty

to protect, but says the steps could include detaining a patient believed to be dangerous, treating that patient or breaching confidentiality by informing the police or the intended target of the violence. THE CANADIAN PRESS

IS A SICK NOTE ENOUGH?

No, says Dr. Jeff Daskalakis, chief of the mood and anxiety division at the Toronto's Centre for Addiction and Mental Health. Daskalakis says if a doctor felt the pilot wasn't well enough to work, that doctor should have informed the airline.



Andreas Lubitz

"If you feel that there's a remote risk that this person has any kind of violent ideas and they're flying a plane, then I think it's essential ... to contact and notify the right authorities to make sure that both the person and the people that this person is responsible for are safe."

THE CANADIAN PRESS



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Australia defeats New Zealand in the Cricket World Cup final Sunday

Monday, March 30, 2015

Beaten by one of our own

NHL

Winnipeg's Toews scores last-minute goal to sink Jets

Jonathan Toews deflected in the winning goal with 31 seconds left in regulation as the Chicago Blackhawks defeated the Winnipeg Jets 4-3 on Sunday.

Andrew Shaw, Brad Richards and Patrick Sharp also scored for Chicago (45-24-6).

Dustin Byfuglien scored twice on the power play and Blake Wheeler recorded his fourth short-handed goal of the season for Winnipeg (39-25-12). Andrew Ladd picked up two assists.

Corey Crawford made 31 saves for the Blackhawks, who snapped a two-game losing skid.

Ondrej Pavelec stopped 20 shots in the loss, which snapped his six-game winning streak.

The loss also ended Winnipeg's four-game winning streak at home. It was the second game of a four-game homestand. Winnipeg hosts the New York Rangers on Tuesday.

Sharp got an unexpected pass to tie the game 3-3 early in the third period.

Jets defenceman Toby Enstrom lost his stick going past a linesman along the boards and then batted the puck. Sharp picked it up and beat Pavelec at 6:27.

Chicago had scored the only goal in the first period and then the teams combined for four goals in the second.

After more than 10 minutes without a shot on goal in the



Blackhawks captain Jonathan Toews deflects in the winning goal on Jets goaltender Ondrej Pavelec with 31 seconds left in the third period on Sunday night at MTS Centre.

JOHN WOODS/THE CANADIAN PRESS

NHL On Sunday

4	3
BLACKHAWKS	JETS

first, the Blackhawks got on the board during a power play with Byfuglien in the penalty box for elbowing.

Shaw spun around in front of the net and used a rebound off a Brandon Saad shot to score his 14th goal of the season at 18:30.

Winnipeg had killed off 19 of 20 penalties in its previous seven games heading into Sunday.

Byfuglien tied the game 1-1 with an unassisted goal on the power play at 4:34 of the second. His shot went off Crawford into the air and then down and off a defender into the net for his 17th goal of the season.

Wheeler made it 2-1 with his team-leading 25th goal on a patient play. After taking a pass from defenceman Tyler Myers, Wheeler skated in and waited to send a low shot behind Crawford's skate at 7:40.

Richards tied it at 16:19, but Byfuglien restored the Jets' lead with 26 seconds left in the period.

Byfuglien fired a blast straight

at Crawford from just inside the blue-line, the same spot he had a shot clang off the post seconds earlier. Drew Stafford assisted on the goal, extending his career-high points streak to nine games with four goals and seven assists, the longest active points streak in the league.

Winnipeg outshot the Blackhawks 21-15 after two periods. After Sharp tied it up at 6:27 of the third, the Jets had a power play with just over four minutes to play, but couldn't capitalize.

Toews tallied his 25th goal of the season after redirecting Niklas Hjalmarsson long shot.

THE CANADIAN PRESS

+ AROUND NHL

Bruins 2, Hurricanes 1.

David Pastrnak scored on a nice centring pass from Carl Soderberg at 4:23 of overtime, giving Boston a win over Carolina.

Capitals 5, Rangers 2.

Alex Ovechkin scored twice and Jason Chimera added two goals in the third period to rally the Washington Capitals to a 5-2 victory over the New York Rangers on Sunday.

Islanders 5, Red Wings 4.

Frans Nielsen's goal 16 seconds into the second period broke a 3-3 tie and the New York Islanders held on to beat the Detroit Red Wings 5-4 for their first home win this month.

Panthers 4, Senators 2.

Jaromir Jagr scored two goals and Dan Ellis made 25 saves as Florida defeated Ottawa. The win pulled the Panthers within a point of Ottawa for ninth place in the East. THE ASSOCIATED PRESS



IN NASHVILLE

Flames lower the Bouma

Lance Bouma scored two goals to lead the Calgary Flames to a 5-2 win over the Nashville Predators on Sunday.

Michael Ferland, Kris Russell, and Jiri Hudler also scored for the Flames, who snapped a two-game losing streak.

Roman Josi and Seth Jones had the goals for Nashville. Playing their third game in four days, the playoff-bound Predators' four-game winning streak came to an end.

Calgary moved into third-place in the Pacific Division and a playoff spot in the ultra-tough Western Conference with the win.

The Flames are 19-21-4 when their opponents score first and won all three games against the Predators this season.

THE ASSOCIATED PRESS



Michael Ferland put the Flames up 3-1 in the second period on Sunday in Nashville. THE ASSOCIATED PRESS



Canada's Ann-Renee Desbiens jumps over Russia's Olga Sosina during Sunday's game in Malmo, Sweden.

CLAUDIO BRESCHIANI/TT/THE ASSOCIATED PRESS

WORLD CHAMPIONSHIP

Canada rebounds vs. Russia in Malmo

Canada bounced back from a loss to start the women's world hockey championship with a 4-0 victory over Russia on Sunday.

Courtney Birchard and Caroline Ouellette each had a goal and an assist to pace Canada, who fell 4-2 to defending champion United States to open the tournament Saturday in Malmo, Sweden.

Captain Marie-Philip Poulin and defender Laura For-

tino also scored for Canada. Ann-Renee Desbiens earned the 19-save shutout in her first career start for the national team.

The Russian tandem of Yulia Leskina and Maria Sorokina stopped a combined 38 shots in the loss.

Canada wraps up pool play Tuesday against Finland. The championship game is Saturday.

THE CANADIAN PRESS

+ IN BRIEF

Woods falls out of top 100

For the first time since 1996, Tiger Woods is not among the top 100 golfers in the world ranking.

Woods, who hasn't played since he withdrew from the Farmers Insurance Open on Feb. 6, falls to No. 104 this week. The last time he was out of the top 100 was on Sept. 29, 1996, when he was at No. 225. The following week, Woods won the Las Vegas Invitational as a 20-year-old for the first of his 79 PGA Tour victories. THE ASSOCIATED PRESS

O's Jimenez shuts down Jays

Ubaldo Jimenez pitched six solid innings, leading a split-squad of Baltimore Orioles to a 4-2 victory over the Toronto Blue Jays on Sunday.

Jimenez, who is competing for a spot in Baltimore's rotation, allowed one run and five hits. The 31-year-old right-hander also struck out three and walked one.

"I don't even think about the rotation or anything like that," said Jimenez, who entered with a 6.06 ERA in five exhibition starts.

THE ASSOCIATED PRESS

Spartans stun Cardinals

NCAA BASKETBALL

Seventh seed advances to Final Four after OT triumph

Coach Tom Izzo and the Michigan State Spartans capped an improbable run to the Final Four with an overtime win.

Senior guard Travis Trice scored 17 points and the seventh-seeded Spartans clamped down on defence to pull out a 76-70 victory over fourth-seeded Louisville in a thrilling NCAA Tournament East Regional final Sunday.

The Spartans (28-11), who were nearly counted out of the tournament conversation in February, won for the 12th time in 15 games. It's a run that included them knocking off second-seeded Virginia last weekend and third-seeded Oklahoma in the regional semifinal on Friday.

Michigan State advances to face Duke.

Wayne Blackshear had 28 points for the Cardinals (27-9)



Michigan State's Branden Dawson, left, and Gavin Schilling converge on Louisville's Mangok Mathiang on Sunday in Syracuse, N.Y. SETH WENIG/THE ASSOCIATED PRESS

in a game that featured 11 lead changes.

It's the ninth Final Four appearance for the Spartans, and first since 2010, when they lost 52-50 to Butler in the national semifinals. Izzo has led them to seven Final Fours including the

“We believe in ourselves.”

Michigan State forward Denzel Valentine

2000 national championship.

The Spartans did it with perseverance and with a roster that was regarded as having less talent than the team that lost in the regional final to Connecticut a year ago. Michigan State lost three of its top

+ FINAL FOUR

The undefeated Kentucky Wildcats (38-0) will take on the Wisconsin Badgers (35-3) on Saturday.

four scorers.

“Everybody doubted us. Everybody had us down and out,” said junior forward Denzel Valentine, who had 15 points. “They didn’t have us making the tournament. We just kept strong.”

Trice was so elated and drained following the victory that he fell to his knees at centre court and began sobbing. He was joined by his teammates and members of his family.

The Spartans rallied from a 40-32 halftime deficit to eventually build a 61-59 lead with 3:57 left, when Trice hit two free throws.

The Cardinals rallied and had a chance to pull out the victory in regulation. Down 65-64, Mangok Mathiang hit one of two free throws with 4.9 seconds left.

THE ASSOCIATED PRESS

NCAA BASKETBALL

Blue Devils burn Bulldogs

A special group of freshmen is taking Duke and Coach K back to the NCAA Final Four.

The Blue Devils and their trio of freshmen starters are going to their 16th Final Four, a record-matching 12th for coach Mike Krzyzewski, after a 66-52 win Sunday in the South Regional over Gonzaga.

Justise Winslow, the freshman playing at home in Houston, had 16 points, including a big three-pointer in the closing minutes. Matt Jones also had 16 points, freshman Tyus Jones had 15 points and Jahliel Okafor recorded nine points and eight rebounds.

Duke (33-4), the region's No. 1 seed, is going to Indianapolis to play Michigan State in the Final Four.

Krzyzewski is going to the Final Four for the 12th time, matching UCLA's John Wooden for the most by a head coach and five more than anyone else.

THE ASSOCIATED PRESS

CFL

New 40-yard dash record set at combine

Tevaughn Campbell picked a great time to run a personal-best 40-yard dash.

With personnel from all nine CFL teams looking on, the Regina Rams defensive back posted a national combine-record time of 4.355 seconds Sunday. The six-foot, 185-pound Campbell broke the mark of 4.41 seconds set earlier at Varsity Stadium by UNLV running back Shaquille Murray-Lawrence.

Campbell immediately proved it was no fluke, finishing his second run in 4.363 seconds.

Then Campbell, the 2012 Canada West 60-metre track champion, had the lone interception in 1-on-1 drills.

“I wanted to show I’m a football player,” Campbell said. “A lot of them ask, ‘Are you a track guy?’ I was really looking forward to the 1-on-1s, got the only interception, which I was pretty proud of.”

“I trained all year for this,

50
The number of draft-eligible players who participated in the weekend combine

two-a-days with football and track, so I was hoping to put down a fast time. When I went to the interviews with all the coaches (Friday night) I told them 4.29 so I was disappointed I didn’t hit my goal but maybe another day I’ll try to get that.”

Both Campbell and Murray-Lawrence set electronic 40-yard dash records, breaking the pre-

vious mark of 4.42 seconds held jointly by Shamawd Chambers and Kristopher Robertson. Steven Turner has the all-time standard of 4.31 seconds, set in 2009 when it was hand-timed.

The CFL adopted electronic timing in 2010.

The top two ranked draft prospects — offensive linemen Brett Boyko of UNLV and Alex Mateas of UConn — and No. 4 running back Tyler Varga of Yale, skipped the combine to concentrate on their respective pro days. THE CANADIAN PRESS



CURLING SIMMONS POSTS FLAWLESS WEEKEND

Canada's Pat Simmons calls out instructions during a match against China at the world men's curling championship in Halifax on Sunday. The Simmons rink improved to 3-0 with a pair of wins Sunday — 7-4 over China and 9-6 against Sweden. MICHAEL BURNS/HANDOUT/THE CANADIAN PRESS

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Prep time: 20 minutes

Bake time: 33 minutes

This is a great way to make individual servings of lasagna, not to mention a tasty vegetarian option.

Directions

1. Preheat the oven to 400 F.

2. Bring a large pot of water to a boil. Add the lasagna noodles and cook for about 8 minutes or until the noodles are just tender. Drain and rinse with cold water. Set aside.

3. Lightly coat a large, nonstick skillet with cooking spray, add the oil, onion, garlic and mushrooms and sauté for 8 minutes or just until the mushrooms are no longer wet. Add the spinach and allow the spinach to wilt, about 3 minutes. Remove the skillet from the heat and add the ricotta, mozzarella and Parmesan cheeses, mustard, salt and pepper.

4. Place the mixture in the bowl of a food processor and pulse on and off until it is uniformly chopped.

5. Pour 1 cup of the tomato sauce into a 9- x 13-inch casserole dish. Spread about 1/4 cup

of the cheese mixture along the length of each sheet. Roll up each noodle and cut in half. Place in baking dish with the ruffled side of lasagna facing up. Pour the remaining 1/3 cup of the tomato sauce over and sprinkle with the grated mozzarella cheese. Cover with foil and bake for 20 minutes or just until hot.

Ingredients

- 8 lasagna noodles
- 2 tsp vegetable oil
- 1 1/2 cups finely chopped onion
- 2 tsp finely chopped garlic
- 3 cups chopped mushrooms
- 4 cups fresh baby spinach
- 3/4 cup light ricotta (5%)
- 2/3 cup shredded mozzarella cheese
- 1/3 cup grated Parmesan cheese
- 1/2 tsp Dijon mustard
- pinch of salt and pepper
- 1 1/3 cups tomato sauce, divided
- 3 Tbsp shredded mozzarella cheese

PHOTO: ROSE REISMAN

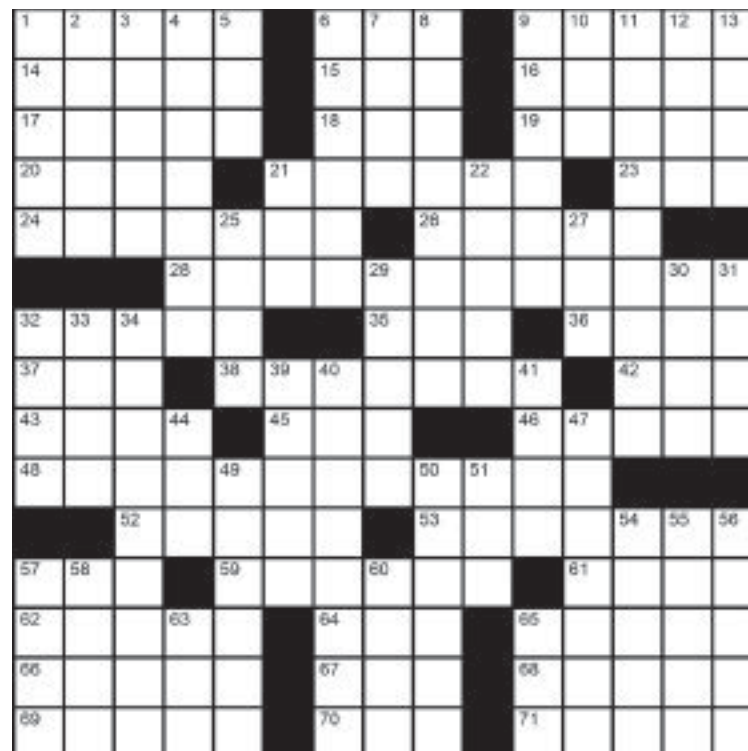
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE
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ACROSS

- Persnickety people
- Computer co.
- Stands
- ___ Supreme (French) = The Supreme Being (English)
- Writing guidebook, ___ Style Manual
- Tennis great Chris
- The Writers' ___ of Canada
- Little, in Lyon
- Captain Nemo creator Jules
- 'Soups' lister
- Jason __, Matt Damon role
- Web connect- or [abbr.]
- The __ (Trendy area of Toronto)
- Ancient Greek colony
- Twisty treat at Tim Hortons: 2 wds.
- Movie star Willem
- Purpose
- Mr. Day, "American Idol" Season 1 competitor
- There: Latin
- Most genuine
- Latin for 'eggs'
- Brand for foamy toys
- 'Begone!'
- Foil-like weapons
- Manitoba's provincial bird: 3 wds.
- Short
- Greek alpha-



- bet's fifth letter
57. Cool __ _ cucumber
59. Look around the store
61. Chocolate bar brand
62. Singer, Frankie __
64. Plunder
65. Respect rules
66. "There's __ _ few

- left." ...observed the shopper
67. Actor Mr. Gulager
68. Actor Tim
69. __ up (Becomes smarter)
70. Tiny amphibian
71. Got gossip

DOWN

- Eve of "The Brady Bunch"
- Ms. Zellweger
- __ (Music legend Ms. Turner's autobiography)
- Marx Brothers brother
- Ott. hockey player
- Be a demanding guest
- Sky's colour, en français
- Quebec: La __ National Park
- ARC = Agence du __ du Canada
- 'Select' suffix
- "Mistake": Hit for what Canadian rock band?: 2 wds.

- Coastal birds
- Process piece
- Mr. Affleck
- Averages
- Tiller
- 'Project' suffix
- Conference of 1945 of the Big Three
- House's gutter locale
- Scandinavian rugs
- Kitchen timer sound!
- Berliner's 'but'
- "Sugar Shack" by Jimmy Gilmer & The __
- Urging-on person
- 'A' and 'F' of RCAF: 2 wds.
- __ Falls (Tallest waterfall in Hamilton)
- Not near
- Ductile
- Leg bones
- "I realize that, however...": 2 wds.
- Poet's 'not closed'
- Priestess in Georges Bizet opera The Pearl Fishers
- Decree
- "There's __ _ in sight!"
- Profess
- __-Flush
- Howling hunter
- Caustic solution
- "In-teereesting!"

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You seem to be working harder than ever but not getting much to show for it. Don't worry. The Sun in your sign means you are guaranteed some sort of return on the efforts you are making.

Taurus April 21 - May 21
You are trying to make sense of something that makes no sense at all, so it is no wonder you are getting frustrated. Some puzzles are best left unsolved.

Gemini May 22 - June 21
The consequences of something you did weeks and maybe even months ago will catch up with you over the next few days. Chances are it will be quite enjoyable.

Cancer June 22 - July 23
It isn't enough that you just feel confident, you must apply that confidence and get important things done. Both in your personal life and at work there are changes that need to be made.

Leo July 24 - Aug. 23
No one has the right to tell you what to believe or what to do and anyone who tries will feel the rough edge of your tongue. Better you go too far than let them think you are an easy touch.

Virgo Aug. 24 - Sept. 23
Nothing truly happens by chance and if you keep that thought in mind today you will be able to make sense of something that leaves others baffled.

Libra Sept. 24 - Oct. 23
Is there some overall goal you are working towards in life? If not, now is the time to decide who or what you should devote yourself to — besides yourself, of course!

Scorpio Oct. 24 - Nov. 22
It won't be long before you look back at something that is causing you grief and realize how unimportant it was. Get over it and give yourself a break.

Sagittarius Nov. 23 - Dec. 21
You can turn almost any situation to your advantage now but don't get carried away and take on someone who is obviously several leagues above you on the power ladder.

Capricorn Dec. 22 - Jan. 20

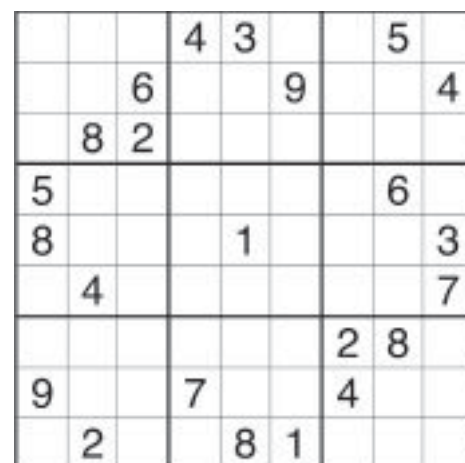
Work hard early in the day because the afternoon and evening will bring social opportunities you won't want to miss. Don't burden yourself with unnecessary deadlines.

Aquarius Jan. 21 - Feb. 19
If you don't tell the absolute truth about yourself today you will regret it later in the week when your evasive tactics are revealed for the world to see. Put everything in the public domain.

Pisces Feb. 20 - March 20
It does not matter that you have made some kind of mistake, what matters is that you learn from it. Don't be too stubborn to admit that you got it wrong, it's no big deal. You are human like everyone else.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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